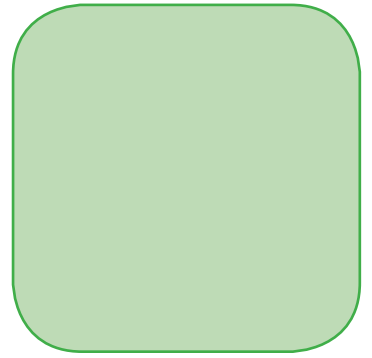
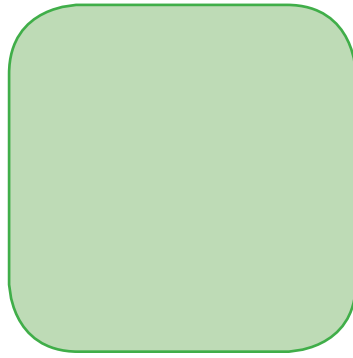
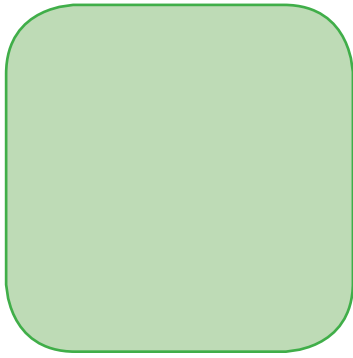
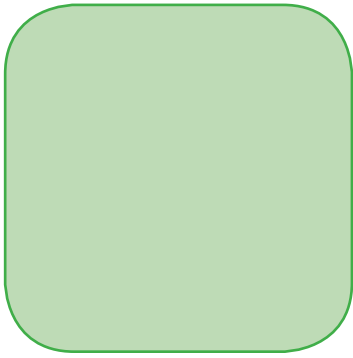


Meals for the week of...



ingredients needed:

ingredients needed:

ingredients needed:

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Other items needed:

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